**12. Chastity**

* How is the course going? We are proposing a high life. Work with your character, your vices…a long life of habits of your culture…
* What is the body for? What is its purpose? Are you happy with your body? Dress, look, beautiful: I know your look judges me, evaluates me.
* Your desire to be successful (power, power), to be admired/desired (Miss Universe). Is it necessary to do all this to have a value? Mother Teresa. **The meaning of the body is to love**. If I ask anything else of the body I am disappointed.
* Wedding fixation: dead girl dressed as a bride. YOU are looking for True love.
* You are not your appearance. If it is like that: Loneliness. Sexuality is an exercise of power (conquest\seduction). Too small! is contractual, a waste/expenditure. Too bad: you haven't shot\has hit the target\has scored. You are still stucked in your horizon.
* The structure of love: **CHARITY/PURITY** expresses the positive integration of sexuality in the person (CCC 2337). I think it is **only for monks and nuns.**
* Problem: When we consider absolute only one part. Pleasure, for example, or (romantic) feelings. Slave to lust, sexual delusion/obsession. You have to satisfy lust, Pornography and then marriage: no consequences? Suicide/submission/abortion for love.
* When love DEGENERATES: Thanatos. Mechanism of self-destruction. Dictatorship of pleasure. Addiction.
* Sexuality: a narcotic for boyfriends to hide problems. Mutual masturbation. Virginity is not anatomy: that is hypocrisy. There are people who are Not virgin, but they are pure; or they are virgin, but not pure.
* Truth: honesty with oneself. Why? Do I want to marry him/her anymore? Do I want him/her to be the father/mother of my children? **The question of chastity: everything must be aimed at love.**
* Chastity in marriage? giving yourself completely, for a yes! Milliards of NO
* in communication: sincerity, silence, for a benefit. With my whole self.
* **Sex AND sexuality? They are connected. If not SEX is a technique for reproduction.** "Techniques" and contraceptives (abortion). The child is a luxury that requires a lot, something that one must control as much as possible in quantity and quality. **The child is no longer a gift, but a product.** Are you a side effect? I didn't abort you. Too bad about the age. **We do not own life**. Sex without procreation is trivialized.
* **Fertility is inscribed in our being!** We often underestimate our dignity and capabilities. God created each of us with the highest calling to lead life! Through us, in different ways, life passes!

We pray the vespers together from the website: